
AWARD WINNERS

Open 22 mile Sporting Time Trial

Wednesday 19th August

Fastest — SPOCO Plaques

First : Joe Skipper

Second : Nick Hastler

Third : Colin Wilgress

Group Winners — SPOCO Medals

First Group A : Joe Skipper

First Group B : Stephen McDonald

First Group C : Andrew Shaw

First Group D : Chris Milne

Open 10 mile Time Trial

Wednesday 26th August

Fastest — SPOCO Plaques

First : Simon Bateson

Second : PNuT Arnold

Third : Colin Wilgress

Group Winners — SPOCO Medals

First Group A : Jason Chester

First Group B : David Bryant

First Group C : Adrian Manley

First Group D : Oliver Hurrell

First Group E : Gary Matthews

Congratulations to all the award winners. Thank you to those that entered to support these mid-week events. I hope you got the SPOCO points you needed.

Thank you to the support of the marshals; Ken Wheeler for pushing off, Fred Little, Roy Godbeer, Mike Street, Mike Brushett, Graham Hurrell and George Potter. Also for Christine, Dick and Pete who did the time keeping, Robin Johnson who rode both events and provided the refreshments with the able assistance of Fran Hornett.



Joint Result Sheet

Open 22 mile Sporting Time Trial

SPOCO South East Group 2 Counter

and the

Open 10 mile Time Trial

SPOCO South East Group 1 Counter

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

held on

19th and 26th August 2009

E18/6 and E91/10a

Timekeepers:

Christine Yareham, Dick Spanton and Pete Wermerling

**All proceeds from both events and catering by Robin Johnson go to the
SPOCO SE Sporting Courses Points Competition**

Event secretary:

Andy Sheridan, 6 Mill Road, Burnham-on-Crouch, Essex CM0 8PZ Tel: 01621 782419

www.spoco-se.org.uk

Open 22 mile Sporting Time Trial — Wednesday 19th August

Pos	Name	Club	SPOCO Status	Group	Time	SPOCO Points
1	Joe Skipper	Velo Club Barrachi	Senior	A	51.32	120
2	Nick Hastler	Essex Roads CC	Veteran	SCR	53.48	119
3	Colin Wilgress	Essex Roads CC	Senior	SCR	55.02	118
=4	David Bryant	Southend Wheelers	Senior	SCR	56.11	116.5
=4	Jason Chester	Essex Roads CC	Veteran	A	56.11	116.5
6	John Iszatt	API Metrow	Veteran	SCR	56.15	115
7	Ewan Hendon	PC Ciclos Uno	Senior	SCR	56.27	114
8	Stephen McDonald	Maldon & District CC	Veteran	B	57.55	113
9	Roger Porter	Verulam CC	SupVet	A	59.21	112
10	Gwen Cook	Essex Roads CC	Veteran	B	59.56	111
11	Helen Boatman	Team Milton Keynes	Lady	A	59.57	110
12	Andrew Shaw	Essex Roads CC	SenVet	C	1.00.37	109
13	Jonathan Hemming	Addiscombe CC	Veteran	A	1.00.54	108
14	Paul Sexton	Maldon & District CC	Veteran	B	1.01.58	107
15	Alex Eason	Chelmer CC	Senior	A	1.02.15	106
16	Chris Milne	Gateway CC	Veteran	D	1.02.47	105
17	Eric Angell	Redbridge CC	SupVet	B	1.04.37	104
18	David Miesner	Shaftesbury CC	SupVet	B	1.04.55	103
19	Corinna Francis	Chelmer CC	Lady	C	1.05.40	102
20	Tony Capon	Becontree Wheelers CC	Veteran	A	1.06.54	101
21	Douglas Williams	Colchester Rovers	Veteran	C	1.08.31	100
22	Karthic Kukathasan	Becontree Wheelers CC	Senior	D	1.09.01	99
23	Robin Johnson	Brighton Mitre CC	SupVet	C	1.11.15	98
24	Colin Clarke	Wolsey Road Club	Veteran	D	1.13.29	97
25	Kuruparan Kukathasan	Essex Roads CC	Junior	D	1.25.21	96
26	Alan Nye	Viking RC	KingVet	D	1.44.47	95
	Stephen Holmes	Essex Roads CC	Senior	C	DNF	
	Hugh Vivian	Finsbury Park CC	Veteran	SCR	DNF	
	Christine Yareham	Victoria CC	LadySupVet	D	DNS Apol	
	Douglas Yareham	Victoria CC	KingVet	D	DNS Apol	
	Giselle Devlin	Essex Roads CC	LadyVet	B	DNS Apol	
	Christopher Tomkins	Hainault RC	SupVet	C	DNS Apol	
	Owen Bannister	VC Revolution	Senior	B	DNS Apol	
	Neil Dowie	API Metrow	Veteran	SCR	DNS Apol	
	John Bonnyhood	VC Revolution	SenVet	C	DNS	

Acknowledgement to sponsors

API-Metrow / Silverhook Chemicals Ltd

PC Ciclos Uno.com

VC Elan / Harry Perry Cycles

VC Revolution / Thomas' Cycle Revolution

Victoria / Ciclos Uno / PCA/Pro-Lite / CC

53-12 Multisport

Open 10 mile Time Trial — Wednesday 26th August

Pos	Name	Club	SPOCO Status	Group	Time	SPOCO Points
1	Simon Bateson	East London Velo	Senior	SCR	21.49	120
2	PNUt Arnold	API-Metrow	Senior	SCR	22.12	119
3	Colin Wilgress	Essex Roads CC	Senior	SCR	22.33	118
4	Hugh Vivian	Finsbury Park CC	Veteran	SCR	22.55	117
5	Jason Chester	Essex Roads CC	Veteran	A	22.59	116
6	Mark Howard	Shaftesbury CC	Senior	SCR	23.00	115
7	Kevin Gill	PC Ciclos Uno	SupVet	SCR	23.02	114
8	David Bryant	Southend Wheelers	Senior	B	23.06	113
9	Neil Dowie	API-Metrow	Veteran	A	23.31	112
10	Ewan Hendon	PC Ciclos Uno	Senior	SCR	23.35	111
11	Simon Ginger	Shaftesbury CC	Veteran	A	23.42	110
12	Neil Chapman	Maldon & District CC	Veteran	A	23.48	109
13	Adrian Manley	Colchester Rovers CC	Veteran	C	23.51	108
14	Chris Worsfold	API-Metrow	SenVet	A	23.57	107
15	Martin Meades	API-Metrow	Veteran	A	24.02	106
16	John Iszatt	API-Metrow	Veteran	SCR	24.07	105
17	Gary Barton	Chelmer CC	SenVet	B	24.44	104
18	Geoff Bridger	Crest CC	Veteran	C	24.46	103
19	Roger Porter	Verulam CC	SupVet	A	24.51	102
20	Paul Sexton	Maldon & District CC	Veteran	C	24.56	101
21	Graham Hurrell	Basildon CC	Veteran	C	25.13	100
22	Helen Boatman	Team Milton Keynes	Lady	A	25.14	99
23	Mick Walker	VC Elan	SupVet	B	25.37	98
24	Les Howell	PC Ciclos Uno	KingVet	B	25.44	97
25	Oliver Hurrell	R Navy & R Marines CA	Senior	D	25.45	96
26	Gwen Cook	Essex Roads CC	Lady	B	25.54	95
27	Stephen Holmes	Essex Roads CC	Senior	D	26.05	94
28	Sonny Dawson	Essex Roads CC	Junior	D	26.09	93
29	Hamish Hore	Maldon & District CC	Junior	C	26.44	92
30	Gary Matthews	53-12 Multisports	SenVet	E	27.05	91
31	Douglas Williams	Colchester Rovers CC	Veteran	D	27.34	90
32	Tony Capon	Becontree Wheelers	Veteran	B	27.42	89
33	Robin Johnson	Brighton Mitre CC	SupVet	D	28.41	88
34	Bob Brabbins	Victoria CC	SupVet	D	29.01	87
35	David Miesner	Shaftesbury CC	SupVet	C	29.02	86
36	Peter Horsnell	Chelmer CC	KingVet	D	30.16	85
37	Colin Clarke	Wolsey Road Club	Veteran	E	31.25	84
38	Mike Gowers	Chelmer CC	SupVet	E	31.45	83
39	Bill Gilham	Lea Valley CC	SupVet	E	32.05	82
40	Mary Horsnell	Chelmer CC	LadyKingVet	E	40.16	81
	John Yates	Essex Roads CC	KingVet	E	DNS Apol	
	Douglas Yareham	Victoria CC	KingVet	E	DNS Apol	
	Bill Caton	Whitewebbs CC	SupVet	C	DNS Apol	
	Alex Eason	Chelmer CC	Senior	B	DNS Apol	

RIDERS HAVE BEEN PHOTOGRAPHED DURING THE SPOCO SC EVENTS

If you wish to view pictures go to

<http://www.flickr.com/photos/andys1/sets/>